

 <b>NUTRITIONAL INFORMATION</b>	Serving	Calories	Calories from fat	Total Fat (gms)	Saturated Fat (gms)	Cholesterol (mgs)	Sodium (mgs)	Carbohydrates (gms)	Dietary Fiber (gms)	Net Carbs (gms)	Protein (gms)	Calories from protein	% Daily Value			
	Size (gms)												Vitamin A	Vitamin C	Calcium	Iron
<b>Chicken</b>																
Famous Recipe Whole Wing	49	152	82	9	3	58	377	5	0	5	12	48	0	0	0	2
Famous Recipe Breast	166	387	172	18	5	152	1104	10	0	10	41	164	0	0	0	6
Famous Recipe Breast w/o skin/breading	111	141	25	3	1	97	438	0	0	0	29	116	0	0	0	4
Famous Recipe Drumstick	61	144	71	8	2	77	462	4	0	4	14	56	0	0	0	4
Famous Recipe Thigh	130	371	226	25	7	167	1082	12	0	12	23	92	0	0	0	6
Crispy Plus Whole Wing	54	193	112	12	4	57	410	10	0	10	10	40	0	0	0	2
Crispy Plus Breast	168	470	260	29	8	141	1370	19	0	19	34	136	0	0	0	8
Crispy Plus Drumstick	83	178	99	11	3	80	480	5	0	5	12	48	0	0	0	4
Crispy Plus Thigh	118	377	236	26	7	125	790	12	0	12	21	84	0	0	0	6
Oven Roasted Whole Wing	54	157	99	11	3	45	112	<1	0	0	15	60	2	0	<1	8
Oven Roasted Breast	137	270	99	11	3	115	97	<1	0	0	41	164	3	0	2	8
Oven Roasted Drumstick	52	112	54	6	1.6	47	123	<1	0	0	14	56	<2	0	<1	8
Oven Roasted Thigh	92	227	126	14	4	86	115	<1	0	0	23	92	3	0	1	8
<b>Handheld Chicken</b>																
Crispy Breast Strips (3)	162	410	230	15	5	75	1080	18	0	18	30	120	0	6	0	10
Oven Roasted Chicken-on-a-Stick (3)	128	196	36	4	1	75	250	<1	0	0	35	140	0	0	0	6
Double Dippers (6 pieces)	192	485	272	17	6	82	1250	20	0	20	36	144	0	7	0	10
<b>Pot Pie</b>																
Chicken Pot Pie	369	760	432	48	10	75	1780	72	5	67	30	120	180	0	0	18
<b>Side Items</b>																
Biscuit	62	193	86	9.6	3	<1	605	22	1	21	4	16	0	0	2	6
Mashed Potatoes w/Gravy	136	124	42	5	1	<1	387	18	1	17	2	8	2	4	0	2
Green Beans	98	27	0	0.6	0.2	3	424	3	1.3	1.7	3	12	9	4	2	0
Baked Beans	143	308	14	1	<1	4	744	47	7	40	7	28	8	6	15	30
Cole Slaw	128	188	90	10	2	5	290	22	3	19	1	4	26	38	3	0
Potato Salad	130	182	81	9	2	5	380	23	1	22	2	8	0	9	0	2
Corn on the Cob	160	154	25	3	1	0	11	25	7	18	5	20	0	10	6	6
Macaroni & Cheese	270	128	48	6	2	5	580	15	1	14	5	20	9	4	9	4
Potato Wedges	128	270	108	12	4	0	650	26	3	23	5	20	0	7	2	12

NOTE: Nutritional information is based on data by suppliers and manufacturers and/or calculated using USDA values and guidelines and/or actual laboratory analysis. These values may vary due to actual portion sizes delivered at the restaurant.